

YOGA

**FOR PARENTS AND
CHILDREN**

Join us as presenter Mary Wilde, certified pediatrician and author takes us on an informal evening of children's yoga through movement and music. Develop meaningful bonds as you and your child learn songs and yoga poses together that will foster health and well-being. For children from pre-school to middle school. Children must be accompanied by parent.

**St. George Branch Library
Community Room B**

Tuesday, September 19, 2017

6:00 – 7:30 pm

88 West 100 South

St. George, Utah 84770

Phone: 435-634-5737

<http://library.washco.utah.gov>

If you have any questions please contact
Ruth L. Tanner at 435-634-5737.

